

## **LONGFORD PRIMARY SCHOOL STUDENT ASTHMA POLICY**

### **PURPOSE:**

- To provide a system of management for students suffering from asthma by providing a personal 'Asthma Action Plan'.
- To assist teachers in understanding asthma and recognise the symptoms of asthma and its management at school.

### **BROAD GUIDELINES:**

- Parents to be made aware of the 'Student Asthma Action Plan' through the School Newsletter.
- Parents to fill in 'Plan' if they have an asthmatic child at school.
- Peak Flow Meters to be administered at home.
- Parents should ensure that their child is capable of administering any medication required.

### **IMPLEMENTATION:**

- All Student Asthma Action Plans to be kept in a highly visible place in the school's sick bay and in the appropriate classroom.
- Staff to receive professional development in this area by a qualified person.
- Each teacher to have a copy, and be aware, of the school's Asthma Policy
- Students suffering from asthma attack to be sent immediately to the office.
- Office staff to deal with any asthma emergency in accordance with the Student's Asthma Action Plan.
- Staff to be made aware of any students who are determined as asthmatics by noting the student in their class roll.

### **RESOURCES:**

- School to provide an asthma 'spacer' for use with younger students.
- Spare medication to be available in case of an emergency.

• **LONGFORD PRIMARY SCHOOL**

• **STUDENT'S ASTHMA ACTION PLAN**

• *To be completed by Parents or Doctor.*

• NAME \_\_\_\_\_

• GRADE \_\_\_\_\_ YEAR \_\_\_\_\_

• TEACHER \_\_\_\_\_

• 1. Please tick ( ✓ ) appropriate box.

• *What are your child's usual symptoms when he/she has asthma?*

- Wheezing (whistling noise from the chest)
- Coughing
- Tightness in chest
- Difficulty with breathing
- Breathing problems with exercise
- Other \_\_\_\_\_

• 2. **DAILY MEDICATION AT SCHOOL** (fill out if your child needs asthma medication every day)

Medication	Method Used e.g. puffer via spacer	How Much	When

• 3. **MEDICATION BEFORE EXERCISE** (fill out if your child needs asthma medication before exercise)

Medication	Method Used	How Much

• 4. **MEDICATION FOR SYMPTOMS** (medication your child should take to treat symptoms of asthma)

Medication	Method Used	How much

• If your child needs to take any additional asthma medication at school (e.g. a few days after an asthma attack) please notify the school **IN WRITING** with instructions signed by a Parent or Guardian.