

# LONGFORD PRIMARY SCHOOL

## SUNSMART POLICY

### **PURPOSE**

To ensure all students and staff attending this school are protected from skin damage caused by the harmful UV rays of the sun. It is to be implemented throughout the year, but with particular emphasis in Terms 1 and 4.

Implementation of SunSmart strategies, include:

### **BROAD GUIDELINES/IMPLEMENTATION**

#### **Behaviour**

- Require children to wear hats, which protect the face, neck and ears, whenever they are outside for the duration of Term 1 and 4. (eg. recess, lunch, sport, excursions)
- Work with the parent community to provide SPF 15 (or higher) broad-spectrum, water-resistant sunscreen for staff and student use.
- Encourage the daily application of sunscreen before school and prior to the lunch break.
- Encourage children to use available areas of shade for outdoor activities.
- Request staff and parents to act as role models by practising SunSmart behaviours.

#### **Curriculum**

- Incorporate programs on skin cancer prevention into the curriculum at all grade levels.
- Regularly reinforce SunSmart behaviour in a positive way through newsletters, parent meetings, student and teacher activities.
- Ensure the SunSmart policy is reflected in the planning of all outdoor events, (eg. camps, excursions, sporting events).

#### **Environment**

- Provide sun protective clothing items as part of our school uniform.
- Schedule outdoor activities before 11 am and after 3 pm during Terms 1 and 4 whenever possible.
- Organise outdoor activities to be held in areas with plenty of shade whenever possible.
- Work toward increasing the number of shelters and trees so as to provide adequate shade in the school grounds.

#### **Evaluation**

- Longford Primary School Council will review the effectiveness of this policy each year. They will:
- Review the SunSmart behaviour of students, staff, parents and visitors and make recommendations for improvement.
- Assess shade provision and usage and make recommendations for increases in shade provision.
- Update and promote curriculum material relevant to SunSmart activities.